

Ruby's Lemon Garlic Salad Dressing

Ingredients

- Juice of 1 lemon
- 1-2 crushed garlic cloves
- 2+ tablespoons flax seed oil or hemp oil (always keep refrigerated)
- 2+ tablespoons cold pressed olive oil
- 1 tablespoon nutritional yeast
- 1 teaspoon apple cider vinegar
- ½ teaspoon cracked pepper or to taste
- Dash of sea salt (optional) or to taste
- 1 tablespoon water (optional)

Directions:

Whisk all ingredients together until well blended. Use immediately or store in refrigerator. A little goes a long way. Use 1 tablespoon to marinate a small to medium salad or more for a larger salad.